

NUTRITION COUNSELING

Piedmont Athens Regional Hospital

- [Virtual services available](#)
- 1199 Prince Avenue, Athens, GA 30606; Medical Services building accessed from King Avenue
- **Scheduling: Contact providers below**
- Physician referral required. Fax orders to 706-475-5613

Specialties: Digestive Health, Oncology, Weight Management, Weight Management/Intuitive Eating, Diabetes, Sports Nutrition, Food Allergies, Pediatric Nutrition, and Feeding Difficulties/Poor Growth/FTT, and General Nutrition

Staff:	Phone:	Email:
Kinley Fitzgerald, MS, RD, LD	706-475-1000	Kinley.fitzgerald@piedmont.org
Kaylee Patrick, RD, LD	706-475-1000	Kaylee.patrick@piedmont.org
Margaret Earnest, MS, RD, LD, CDCES	706-475-5600	Margaret.earnest@piedmont.org

Piedmont Atlanta - Nutrition & Wellness Services and Diabetes Resource Center

- [All services offered virtually using Telehealth](#)
- 1968 Peachtree Rd, Atlanta, GA 30309
- **Scheduling: 770-801-2345.** Select **option 2**, then **option 4** for Diabetes/Nutrition and Wellness appointments. Faxed orders: 855-254-8011
- Specialties: Pre-Diabetes, Diabetes, PCOS, Weight Management, Cardiovascular, Renal, Digestive Health, General Nutrition

Staff:	Email:
Sarah Bignotti, RDN, LD, CDCES	sarah.bignotti@piedmont.org
Tonya Curry, MS, RDN, LD	tonya.curry@piedmont.org
Jody Malleo, RDN, LD, CDCES	jody.malleo@piedmont.org
Claudia Winter, MS, RDN, LD	Claudia.winter@piedmont.org

Piedmont Augusta Hospital - Outpatient Nutrition Services

- 1350 Walton Way, Augusta GA 30901; Appointment in Piedmont Heart building
- **Scheduling: Contact providers below**
- Physician Referral required or fax to 706-774-2152
- Specialties: Cardiovascular, Pulmonary, General Nutrition, Oncology, Heart Failure, Weight management, Pediatrics (≥ 12 yo), Nutrition Support, Diabetes, Cardiac/Pulmonary Rehab, Intensive Behavioral Therapy

Staff:	Phone:	Email
Staff Line	706-288-3079	-
Megan Sabourin, MS, RDN, LD	706-288-3142	Megan.sabourin@piedmont.org

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Piedmont Augusta Hospital- Weight Management and Bariatric Center

- 818 St. Sebastian Way, Suite 205, Augusta, GA 30901
- Appointment location is Physician Office Building 2 on the Piedmont Augusta campus
- Scheduling: 706-774-8933**
- Physician Referral through EPIC or fax to 706-774-7598
- Specialties: Surgical and Non-Surgical Weight Management

Staff:	Email:
Megan Govedich, RDN, LD	Megan.govedich@piedmont.org

Piedmont Augusta Hospital - Outpatient Diabetes Services

- 2258 Wrightsboro Road, Suite 370, Augusta, GA 30904
- Appointment location is the Summerville Medical Office Building
- Scheduling: 706-774-7853**
- Physician Referral required or fax to 706-774-5549
- Specialties: Diabetes, Pre-Diabetes, Chronic Kidney Disease

Staff:	Email:
Berdena McGhee, RDN, LD, CSOWM	Berdena.Mcghee@piedmont.org

Piedmont Eastside Hospital

- 2295 Ronald Reagan Pkwy, Suite 300, Snellville, GA 30078
- Scheduling: P: 888-843-8133 F: 877-501-0971**
- Physician referral required.
- Specialties: General Adult and Pediatric Medical Nutrition Therapy, Bariatric Services

Staff:	Email:
Tiffani Murff, RDN, LD	Tiffani.murff@piedmont.org
Theavy Tep-Rutkowski, MS, RD, LDN	Theavy.Tep-Rutkowski@piedmont.org

Piedmont Fayette Hospital – Nutrition & Wellness Services and Diabetes Resource Center

- Piedmont Wellness Center, 200 Trilith Parkway, Fayetteville, GA 30214
- Scheduling: 470-271-5330; Faxed orders: 855-254-8011**
- Diabetes, Prediabetes, PCOS, Cardiovascular, Weight Management, Renal, Digestive Disorders, General Nutrition

Staff:	Email:
Sarah Hankes, RDN, LD, CDCES	sarah.hankes@piedmont.org
Denise Bennett, MS, RDN, LD, CDCES	denise.bennett@piedmont.org

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Piedmont Henry

- 1133 Eagles Landing Parkway, Stockbridge GA 30281
- Scheduling: 678-604-5106**
- Physician referral required. Fax referral to: 678-604-5441
- Specialties: Weight Management for Adults, Adolescence, and Children; Sports/Performance Eating, Digestive health, Home Nutrition Support, Oncology, Pre-diabetes, General nutrition, Diabetes, Gestational Diabetes

Staff:	Email:
Melissa Hoover RD, LD	Melissa.Hoover@piedmont.org
Benjamin Ditto, RD, LD	Benjamin.ditto@piedmont.org

Piedmont Macon North

- 400 Charter Blvd., Macon GA 31210
- Scheduling: 478-757-6225**
- Physician referral required. Appointments vary but generally Tuesday, Wednesday, or Thursday from 10:00am-4:00pm
- Specialties: Bariatric services, Diabetes, Weight management, General nutrition

Staff:	Email:
Emelina Perez, MS, RDN, LD	Emelina.perez@piedmont.org

Piedmont Newton

- 5126 Hospital Drive NE, Covington, GA 30014
- Scheduling: 770-385-4185**
- Physician referral required. Fax referral to: 678-732-1707
- Specialties: Pre-Diabetes, Diabetes, Weight Management, Cardiovascular

Staff:	Email:
Megan James-Aria RDN, LD	Megan.Jaimes-Arias@piedmont.org

Piedmont Rockdale Hospital

- 1412 Milstead Avenue, NE Conyers, GA 30012
- Scheduling: 770-918-3707**, select **option 1**

Staff:	Email:
Scott Sohn, MS, RDN, LD	Scott.sohn@piedmont.org
Shermel Francis, MS, RDN, LD	Shermel.francis@piedmont.org

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Piedmont Walton

- 2161 West Spring St. Suite D., Monroe, GA 30655
 - **Scheduling: 770-266-1133**; Fax referrals to 770-267-1716
 - General nutrition, Bariatrics, Weight Management, Diabetes, Pre-diabetes, PCOS

Staff:	Email:
Kenna Glick, RDN, LD, CDCES	kenna.glick@piedmont.org
